

# SCHAEFER/CLINI-REC® PEDIATRIC HEALTH HISTORY QUESTIONNAIRE TO YOUNG ADULTHOOD

Identification Information: Today's Date \_\_\_\_\_  
 Patient's Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Yrs. \_\_\_\_\_ Mos.  
 Parent or Guardian's Name \_\_\_\_\_  
 Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

**A. REASON FOR VISIT**

1. Comprehensive periodic examination \_\_\_\_\_ Yes \_\_\_\_\_ No
2. Medical problem(s): Please list. About when did they begin? What concerns you most? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3. If patient is, or has been, treated for any other illnesses or medical problems by other physicians, please describe the problems and write the name of the physician or medical facility treating him/her.

Illness or Medical Problem	Physician or Medical Facility	Telephone Number

## CURRENT OR PAST HEALTH HISTORY

Please  the appropriate answer unless otherwise specified. If in doubt about the question, please circle it. Your doctor or nurse will review your answers with you.

\_\_\_\_\_ Parent Completing: Does your child have or ever had any of the following?  
 \_\_\_\_\_ Patient Completing: Do you have or ever had any or the following?

**EYES**

1. Crossed or wandering eyes?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
2. Vision changes past year? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
3. Wear glasses or contact lenses? ... \_\_\_\_\_ No \_\_\_\_\_ Yes
4. Eye muscle surgery?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
5. Trouble reading or watching TV? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes

**TEETH**

17. Decay or defects? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
18. Bite (occlusion) defects? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
19. Date of last visit to Dentist? \_\_\_\_\_  
 to Orthodontist? \_\_\_\_\_

**EARS**

6. Repeated infections?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
7. Chronic drainage? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
8. Ear tubes? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
9. Speech problems or speech delay? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
10. Deafness or decreased hearing?..... \_\_\_\_\_ No \_\_\_\_\_ Yes

**SKIN**

20. Birthmarks or moles? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
21. Acne? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
22. Heavy tan or often sunburned?..... \_\_\_\_\_ No \_\_\_\_\_ Yes

**NOSE AND THROAT**

11. Trouble breathing through the nose?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
12. Frequent colds?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
13. Nose allergy symptoms? Itchy nose? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
14. Nose bleeds?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
15. Frequent sore or strep throat infections?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
16. Still have your tonsils?..... \_\_\_\_\_ No \_\_\_\_\_ Yes

**CHEST**

23. Chronic cough? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
24. Short of breath with activity? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
25. Wheezing with exercise?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
26. Asthma/hay fever?..... \_\_\_\_\_ No \_\_\_\_\_ Yes
27. Pneumonia? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
28. Tuberculosis skin test change? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes

**HEART**

29. Heart murmur? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
30. Heart beats too fast? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
31. Palpitations or irregular heart beat? \_\_\_\_\_ No \_\_\_\_\_ Yes
32. Pain over the heart? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
33. Chest or shoulder pain with activity? \_\_\_\_\_ No \_\_\_\_\_ Yes
34. High blood pressure? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes
35. Blood cholesterol test done? ..... \_\_\_\_\_ No \_\_\_\_\_ Yes

**BLOOD**

**GENERAL**

- 36. Anemia? .....  No  Yes
- 37. Bleeding or easy bruising problems? .....  No  Yes
- 38. Clotting problems? (Hemophilia?) .....  No  Yes

- 66. Recent weight loss?  
Or gain? .....  No  Yes
- 67. Too short?  
Too tall? .....  No  Yes
- 68. Too fat?  
Too thin? .....  No  Yes
- 69. Easy tiring or fatigability? .....  No  Yes
- 70. Heavy or excessive appetite? .....  No  Yes
- 71. Trouble sleeping? .....  No  Yes

**DIGESTIVE TRACT**

- 39. Chronic or frequent diarrhea? .....  No  Yes
- 40. Constipation? .....  No  Yes
- 41. Recurrent vomiting? .....  No  Yes
- 42. Recurrent abdominal pain? .....  No  Yes
- 43. Bloody bowel movements? .....  No  Yes
- 44. Jaundice or yellow skin? .....  No  Yes
- 45. Prolonged loss of appetite? .....  No  Yes
- 46. Overeating followed by vomiting? ..  No  Yes

**CHILDHOOD DISEASES**

- 72. Whooping cough? .....  No  Yes
- 73. Chicken Pox? .....  No  Yes
- 74. Measles? .....  No  Yes
- 75. Rubella (3-day measles)? .....  No  Yes
- 76. Mumps? .....  No  Yes
- 77. Polio? .....  No  Yes
- 78. Kawasaki Disease? .....  No  Yes

**URINARY TRACT**

- 47. Bed wetting problems? .....  No  Yes
- 48. Infection one or more times? .....  No  Yes
- 49. Bloody or dark colored urine? .....  No  Yes
- 50. Difficulty starting or stopping  
the stream? .....  No  Yes
- 51. Painful or frequent urination? .....  No  Yes

**PUBERTY**

- BOYS ONLY:** Approx. age of onset
- 79. Voice change? .....  Yrs.  Mos.
  - 80. Muscular growth? .....  Yrs.  Mos.
  - 81. Axillary hair present? .....  Yrs.  Mos.
  - 82. Pubic hair present? .....  Yrs.  Mos.
  - 83. Testes growing? .....  Yrs.  Mos.
  - 84. Penis growing? .....  Yrs.  Mos.
  - 85. Swollen painful breast(s)? .....  Yrs.  Mos.
  - 86. Interest in girls? .....  Yrs.  Mos.

**MUSCULO-SKELETAL**

- 52. Limb or growing pains? .....  No  Yes
- 53. Painful or swollen joints? .....  No  Yes
- 54. Problems with muscle coordination  
or strength? .....  No  Yes
- 55. Posture problems? .....  No  Yes
- 56. Foot or ankle problems? .....  No  Yes
- 57. Severe back pain? .....  No  Yes
- 58. Scoliosis/abnormal curve  
of back? .....  No  Yes
- 59. Lump or swelling of any bone? .....  No  Yes

- GIRLS ONLY:** Approx. age of onset
- 87. Breasts developing? .....  Yrs.  Mos.
  - 88. Menstrual periods present? .....  Yrs.  Mos.
  - 89. Age & date of first menstrual  
period \_\_\_\_\_
  - 90. Regular periods? .....  No  Yes
  - 91. Pain or discomfort with  
period? .....  No  Yes
  - 92. Heavy flow? .....  No  Yes  
Scant flow? .....  No  Yes
  - 93. Use? .....  Tampons  Pads  Both

**NEUROLOGICAL**

- 60. Headaches? .....  No  Yes
- 61. Any fatigue or listlessness? .....  No  Yes
- 62. Any dizziness? .....  No  Yes
- 63. Any loss of balance? .....  No  Yes
- 64. Convulsion, seizure, or fit? .....  No  Yes
- 65. Difficulty controlling use of hands,  
arms, or legs? .....  No  Yes

**94. ARE YOU PHYSICALLY HANDICAPPED OR LIMITED IN ANY WAY? .....  No  Yes**

If Yes, please name or describe: \_\_\_\_\_

**95. DO YOU HAVE ANY QUESTIONS OR CONCERNS TO DISCUSS WITH YOUR DOCTOR? .....  No  Yes**

**SUMMARY OF QUESTIONNAIRE**

(By Nurse or Doctor)